

# Dicliz plus

Doxylamine Succinate USP 10 mg +  
Pyridoxine Hydrochloride BP 10 mg

**Composition:**

**Dicliz Plus Tablet:** Each film coated delayed release tablet contains Doxylamine Succinate USP 10 mg & Pyridoxine Hydrochloride BP 10 mg.

**Pharmacology:**

Doxylamine is an antihistamine that blocks Histamine (H<sub>1</sub>) receptor. It affects the vestibular system & decreases the stimulation of the vomiting center. Its muscarinic receptor inhibition may also play a role in antihistamine antiemetic activity. Pyridoxine (vitamin B<sub>6</sub>) is a vitamin which is used to prevent nausea and vomiting due to its antiemetic properties.

**Indications:**

**Dicliz Plus** is indicated for the treatment of nausea and vomiting of pregnancy.

**Dosage and administration:**

Take two tablets daily before bedtime in an empty stomach. If symptoms are not adequately controlled, the dose can be increased to four tablets daily (one in the morning, one mid-afternoon and two at bedtime).

**Side effects:**

The most common side effect may include somnolence.

**Contraindications:**

This combination is contraindicated in women with known hypersensitivity to doxylamine succinate, other ethanalamine derivative antihistamines, pyridoxine hydrochloride, monoamine oxidase (MAO) inhibitors or any inactive ingredient in the formulation.

**Warning and Precaution:**

This combination may cause somnolence due to the anticholinergic properties of doxylamine succinate, an antihistamine. Women should avoid engaging in activities requiring complete mental alertness, such as driving or operating heavy machinery. Use of this drug is not recommended if a woman is concurrently using central nervous system (CNS) depressants including alcohol.

**Use in special groups:**

**Use in pregnancy:** Both Doxylamine and Pyridoxine are pregnancy category A drugs. Therefore, **Dicliz Plus** can be given to pregnant women safely.

**Use in nursing mothers:** Both Doxylamine and Pyridoxine are excreted into breast milk. Therefore, caution should be exercised while breast feeding.

**Drug interactions:**

Use of this drug is contraindicated in women who are taking monoamine oxidase inhibitors (MAOIs), which prolong and intensify the anticholinergic effects of antihistamines. Concurrent use of alcohol and other CNS depressants (such as sedative hypnotics and tranquilizers) with this combination is not recommended.

**Storage:**

- Store below 30°C, keep in dry place & protect from light.
- Keep out of the reach of children.

**Packing:**

**Dicliz Plus Tablet:** Each box contains 50 tablets in alu-alu blister pack.

Manufactured by:  
**ARISTOPHARMA LTD.**  
Shamshur-Kadamtali I/A, Dhaka-Bangladesh

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