

**Composition:**

AREDS Softgel Capsule: AREDS is an antioxidant enriched eye vitamin & mineral supplement containing Omega-3 Fatty acids, Lutein, Zeaxanthin, Vitamin C, Vitamin E, Zinc & Copper.

Description:

Each softgel capsule contains Omega-3 500 mg, Lutein & Zeaxanthin Extract Oil equivalent to Lutein 5 mg & Zeaxanthin 1 mg, Ascorbic Acid (Vitamin C) 250 mg, D-alpha-tocopheryl Acetate (Vitamin E) equivalent to Vitamin E 200 IU, Zinc Oxide equivalent to Zinc 12.5 mg, Cupric Oxide equivalent to Copper 1 mg.

Pharmacology:

This softgel capsule is the ultimate combination of vitamins and minerals for eye health. Omega-3 fatty acids are the important components of the membranes that surround each cell in human body. It includes docosahexaenoic acid (DHA), eicosapentaenoic acid and alpha-linolenic acid (ALA). DHA levels are especially high in the retina, brain, and sperm cells. Omega-3 also give body energy and help heart, lungs, immune system, and endocrine system function. Omega-3 fatty acids prevent and slows the progression of age-related macular degeneration & reduce the risk of high eye pressure, which can lead to glaucoma. It is also prevent & treat dry eye syndrome.

Lutein and Zeaxanthin are two carotenoid pigments of the xanthophyll subclass, are present in a high concentration in the retina, especially in the macula. They protect healthy cells from oxidative stress, inflammation and free radical damage.

Vitamin C & E work as antioxidants and they have free radicals scavenging property. Zinc works as co-enzyme of a numerous enzymes. Copper involves in the growth, skeletal integrity and development of nervous system.

Indications:

AREDS softgel capsule is indicated for -

- Age Related Eye Diseases (ARED)
- Age Related Macular Degeneration (ARMD)
- Cataract
- Dry Eye Syndrome
- Diabetic Retinopathy
- Risk of Eye High Pressure
- Retinitis Pigmentosa &
- Others Body Conditions

Dosage & Administration:

1 or 2 softgel capsule / day or as recommended by the physician.

Contraindications:

This product is contraindicated in patients with known hypersensitivity to any of the ingredients.

Warnings:

In some cases, high-dose vitamins and minerals may not be recommended for people with kidney or liver disease.

Side Effects:

Very upset stomach, severe diarrhea, gastrointestinal disturbances and muscle weakness.

Drug Interactions:

This product should be given carefully in patients taking oral anticoagulants or estrogen. Vitamin E may increase the risk of bleeding.

Use in Pregnancy and Lactation:

It is recommended to consult with the physician before using this drug in pregnancy & lactation.

Storage:

- Store below 30°C temperature in a dry place, protect from light.
- Keep out the reach of children.

Packing:

AREDS Softgel Capsule: Each box contains 28's softgel capsules in Alu-Alu blister pack within Alu-Alu pillow pack.