

Ginsenia

Panax ginseng & Ginkgo biloba

COMPOSITION

Ginsenia: Each capsule contains *Panax ginseng* extract 100 mg and *Ginkgo biloba* extract 60 mg.

PHARMACOLOGY

Ginsenia is a combination of two extracts obtained from the roots of *Panax ginseng* and the leaves of *Ginkgo biloba* that work together to support cognitive function and mental performance. It contains flavonoids, antioxidants and terpenoids that improves blood circulation by dilating blood vessels and decreasing platelet stickiness. Its potent antioxidant properties aid in the protection of brain cells from neurological damages. As a result, it helps to the patients suffering from dementia, vertigo and tinnitus.

INDICATIONS

- Improves cognitive functions, particularly those related to memory and mental performance, e.g. mental capacity and endurance; prevention of mental fatigue;
- Improves retention of memory;
- Reduces forgetfulness.

DOSAGE AND ADMINISTRATION

For adult : 2 capsules daily. 1 capsule should be taken after breakfast and the second after lunch.

12 to 18 years old: 1 capsule daily or as directed by the physician.

Duration of use: It is recommended to take **Ginsenia** for at least 4 weeks.

SIDE EFFECTS

May occur nausea, stomach pain, diarrhea, headache, allergic reactions.

CONTRAINDICATION

Ginsenia is not recommended for use in children under 12 years.

WARNING & PRECAUTION

Do not exceed the stated dose. Due to the effects of *Ginkgo biloba* on blood circulation, caution is advised in patients with bleeding disorders and in those on medications that may increase the risk of bleeding. Medical advice should be sought before planned surgical or dental procedures.

OVERDOSE

Clinical effects from overdose in humans have so far not been reported.

USE IN PREGNANCY & LACTATION

This medicine should be taken during pregnancy and breast-feeding only after having previously consulted doctor.

DRUG INTERACTION

Anticoagulants, antiplatelet agents, heparin and thrombolytic agents may increase the risk of bleeding complications.

STORAGE

Store below 30^o C. temperature & dry place, protected from light. Keep all medicine out of reach of children.

PACKING

Ginsenia: Each box contains 30 capsules in Alu-Alu blister pack.