

# Ivycof

Ivy leaf &  
Thyme extract

## COMPOSITION

**Ivycof syrup:** Each 5ml syrup contains Ivy leaf (*Hedera helix*) dry extract 37.5 mg and Thyme (*Thymus vulgaris*) dry extract 50 mg.

## PHARMACOLOGY

Ivy leaf (*Hedera helix*) contains flavonol glycosides, saponins (alpha-hederin) which exert secretolytic or mucolytic, antispasmodic, bronchodilatory and antibacterial effects. Ivy leaf is used for the treatment of respiratory diseases.

Extract of Thyme (*Thymus vulgaris*) contain high amount of flavonoids, and exhibited antioxidant and antibacterial activity. It has antispasmodic effect on smooth muscles of the trachea and the effect on ciliary activity (respiratory clearance).

## INDICATIONS

- Relieves cough (chesty & mucosal)
- Liquefies mucous
- Bronchitis
- Relieves shortness of breath

## DOSAGE AND ADMINISTRATION

**Children (2-6 years):** ½ tea spoonful 2 times daily.

**Children (6-12 years):** 1 tea spoonful 2 times daily.

**Adults:** 1 tea spoonful 3 times daily.

**Duration of treatment:** Duration of treatment depends on the type and severity of the clinical picture; however treatment should continue for at least one week even in minor inflammations of the respiratory tract. Treatment with this syrup should be maintained for 2-3 days after symptoms have subsided, in order to insure lasting success of therapy **or as directed by the registered physician.**

## SIDE EFFECTS

In rare cases, this cough syrup may have a laxative effect, Skin allergy or gastric disturbance.

## CONTRAINDICATION

It is contraindicated in patients with known hypersensitivity to active ingredients or any other components of this syrup.

## WARNING & PRECAUTION

In the event of persistent complaints or the occurrence of shortness of breath, fever as well as purulent or bloody expectoration, a doctor should be consulted immediately.

## USE IN PREGNANCY & LACTATION

This medicine should be taken during pregnancy and breast-feeding only after having previously consulted doctor.

## DRUG INTERACTION

No adverse effects were reported regarding the simultaneous ingestion of this cough syrup and other medicines. The preparation can therefore be combined safely with other medicines, such as antibiotics.

## OVERDOSE

Symptoms of overdose may include diarrhea and vomiting.

## STORAGE

Store below 30<sup>o</sup> C. temperature & dry place, protected from light.

Keep all medicine out of reach of children.

## PACKING

**Ivycof 100 ml Syrup:** 100 ml syrup in PET bottle with a measuring cup.

