

Fosibon-DK

Calcium (derived from coral fossil),
Vitamin D₃ as Cholecalciferol & Vitamin K₂ as Menaquinone-7

COMPOSITION

Fosibon-DK Tablet: Each film coated tablet contains Calcium Carbonate (derived from coral fossil) 1250 mg equivalent to elemental Calcium 500 mg, Vitamin D₃ 1000 IU as Cholecalciferol & Vitamin K₂ 0.075 mg as Menaquinone-7.

PHARMACOLOGY

Fosibon-DK contains Coral Calcium, Vitamin D₃ and Vitamin K₂ where Coral Calcium is composed of Calcium Carbonate with small amounts of Magnesium and other trace minerals. Coral Calcium ensures better absorption than Calcium of other Calcium Carbonate preparations. Vitamin D₃ is necessary for calcium absorption into the bloodstream and for the synthesis of calcium-binding proteins. Vitamin K₂ activates these proteins to bind calcium into the bones.

INDICATIONS

Fosibon-DK is indicated in

- the treatment and prevention of osteoporosis, rickets, osteomalacia, tetany and parathyroid disease
- pregnancy & lactation due to increased demand
- the prevention & treatment of calcium, vitamin D₃, or vitamin K₂ deficiency specially in housebound and institutional elderly patients

DOSAGE & ADMINISTRATION

2 tablets per day, preferably one tablet in the morning and the other in the evening with plenty of water or as directed by the physician.

CONTRAINDICATIONS

Hypersensitivity to any component of the product.

WARNING & PRECAUTIONS

Careful monitoring with reduction of dose may be needed for patients with mild hypercalciuria. In case of mild to moderate renal impairment and for long term use, plasma and serum calcium level should be monitored. Urinary calcium excretion should also be measured in patients with a history of renal stones to exclude hypercalciuria.

SIDE EFFECTS

The common side effects may include flatulence, nausea, gastric pain, diarrhoea, skin rash etc. Hypercalciuria and hypercalcaemia may be occurred with long term treatment at high dosage.

USE IN PREGNANCY & LACTATION

Normal requirements of calcium, vitamin D₃ and vitamin K₂ are raised during pregnancy & lactation. **Fosibon-DK** can be given to pregnant women and lactating mothers as per the recommendation of a physician.

DRUG INTERACTION

Calcium reabsorption and urinary calcium excretion can be affected by the administration of diuretics.

STORAGE

Store below 30°C at dry place and protect from light. Keep out of the reach of children.

PACKING

Fosibon-DK Tablet: Each box contains 30 tablets in Alu-PVDC blister pack.