

Expectorant Syrup

Description:

Expecto (Bromhexine HCI) is a highly effective mucolytic expectorant.

Composition:

Expecto Syrup: Each 5 ml syrup contains Bromhexine Hydrochloride BP 4 mg.

Indications:

Expecto is indicated in the treatment of respiratory disorders associated with productive cough. **Expecto** (Bromhexine HCI) also helps to clear the chest by thinning the mucus in air passages.

Dosage and Administration:

The recommended doses for adults and children are stated below:

Adult & Children over 12 years : 10 ml (2 teaspoons) 3 times daily Children 6-12 years : 5 ml (1 teaspoon) 3 times daily Children 2-6 years : 2.5 ml (1/2 teaspoon) 3 times daily **Expecto** is not recommended for children under 2 years of age without advice.

Side effects:

Gastrointestinal side effects may occur occasionally with bromhexine and a transient rise in serum aminotransferase has been reported. other reported adverse effects include headache, dizziness, sweating and skin rash.

Precautions:

Since mucolytics may disrupt the gastric mucosa bromhexine should be used with care in patients with a history of peptic ulcer disease. Care is also advisable in asthmatic patients. Clearance of bromhexine and its metabolites may be reduced in patients with severe hepatic or renal impairment.

Contraindications:

Contraindicated to those who are hypersensitive to bromhexine hydrochloride.

Use in Pregnancy: Special care is recommended during pregnancy. The benefits of bromhexine must be assessed against possible effects on children.

Use in Lactation: Bromhexine is expected to enter the breast milk. Therefore it is not recommended that bromhexine be taken by lactating mothers.

Storage:

- Store below 30°C, keep in dry place & protect from light.
- Keep out of the reach of children.

Packing:

Expecto Syrup: Each bottle contains 100 ml syrup.

