

Cozyten

Ubidecarenone (Co-enzyme Q10)

COMPOSITION

Cozyten-100 softgel Capsule: Each soft gelatin capsule contains Ubidecarenone (Co-enzyme Q10) 100 mg.

Cozyten-200 softgel Capsule: Each soft gelatin capsule contains Ubidecarenone (Co-enzyme Q10) 200 mg.

PHARMACOLOGY

Ubidecarenone (Co-enzyme Q10) is a fat-soluble substance and acts as a vital intermediate of the electron transport system in the mitochondrial membrane for cellular respiration and ATP production. Cells and tissues those are metabolically active (such as- heart, immune system, skeleton muscle and gingiva) have the highest requirement of Ubidecarenone and are most susceptible to Ubidecarenone deficiency. Ubidecarenone level in the body declines with advancing age and thus contribute in the manifestation of aging.

INDICATIONS

Cozyten is indicated for the treatment and prevention of-

Infertility: • Female Infertility • Male Infertility; **Neurological Disorders:** • Myopathy • Muscular Dystrophy • Ataxia • Parkinson's disease • Genetic Neuromuscular Disease • Alzheimer's disease • Migraine **Cardiovascular Disease:** • Congestive Heart Failure (CHF) • Cardiomyopathy • Hypertension • Heart Protection during Surgery • Angina **Others:** • Periodontal Gum Disease • Exercise Performance • Diabetes • Cancer • Asthma • Thyroid Disorder

DOSAGE AND ADMINISTRATION

1- 3 softgel capsules daily after meal or as directed by physician.

CONTRAINDICATIONS

Contraindicated in patients with known hypersensitivity to any component of this product.

WARNING AND PRECAUTIONS

Patients suffering from hypotension or hypertension, or patients scheduled to undergo surgical procedures, since Ubidecarenone may affect blood pressure.

SIDE EFFECTS

Ubidecarenone (Co-enzyme Q10) seems to be safe and relatively well tolerated in the recommended dose. Occasionally gastrointestinal discomfort, dizziness and skin rash may occur but these tend to happen with higher doses.

USE IN PREGNANCY AND LACTATION

There is a lack of long-term safety data to support the safe use of Ubidecarenone during pregnancy and lactation.

DRUG INTERACTIONS

Warfarin: May reduce the effectiveness of warfarin.

Thyroid drugs: May alter the effect of thyroid drugs.

Antidiabetic medications: Ubidecarenone (Co-enzyme Q10) may improve glycemic control in some type II diabetics. If this occurred, antidiabetic medications may need appropriate dose adjustment.

OVERDOSAGE

Ubidecarenone (Co-enzyme Q10) is safe and well tolerated at dosages of up to 1200 mg/day.

STORAGE

Store below 30°C, keep in dry place & protect from light. Keep out of the reach of children.

PACKING

Cozyten-100 softgel Capsule: Each box contains 30 softgel capsules in Alu-PVDC blister pack.

Cozyten-200 softgel Capsule: Each box contains 20 softgel capsules in Alu-PVDC blister pack.