

Biltex

Bilastine INN

COMPOSITION

Biltex Tablet: Each tablet contains Bilastine INN 20 mg.

PHARMACOLOGY

Bilastine is a non-sedating, long-acting H₁-receptor selective antagonist. Its effects are mediated via selective inhibition of peripheral H₁-receptors. It shows moderate to high affinity for histamine H₁-receptors and no affinity for muscarinic, serotonergic, dopaminergic and noradrenergic receptors. Bilastine inhibits histamine induced flare skin reactions for 24 hours following single doses.

INDICATION

Bilastine is indicated for the symptomatic relief of Allergic Rhinitis, Rhinoconjunctivitis and Urticaria (pruritus and hives).

DOSAGE AND ADMINISTRATION

Adults & adolescents (12 years of age and over): 20 mg Tablet once daily without food.

CONTRAINDICATION

Bilastine is contraindicated in patients with hypersensitivity to Bilastine or to any ingredient in the formulation or component.

WARNING AND PRECAUTION

Co-administration of Bilastine and P-glycoprotein inhibitors (e.g.: Ketoconazole, Erythromycin, Cyclosporine, Ritonavir or Diltiazem) should be avoided in patients with moderate or severe renal impairment.

SIDE EFFECT

The most common side effects of Bilastine include headache, dizziness and fatigue.

USE IN SPECIAL GROUP

• Use In Pregnancy and Lactation

There are no adequate and well-controlled studies in pregnant women. Bilastine should be avoided during pregnancy, or advised by a physician.

• **Geriatrics:** No dosage adjustments are necessary in patients over 65 years.

• **Pediatrics:** The safety and efficacy of Bilastine in children under 2 years of age have not been established.

DRUG INTERACTION

Concomitant intake of Bilastine and Ketoconazole, Erythromycin or Diltiazem increased C_{max} of Bilastine. The psychomotor performance after concomitant intake of alcohol and Bilastine was similar to that observed after the intake of alcohol and placebo. Concomitant intake of Bilastine and Lorazepam 3 mg for 8 days did not potentiate the depressant CNS effects of Lorazepam.

STORAGE

- Store at below 30° C, keep in dry place & protect from light.
- Keep out of reach of children.

PACKING

Biltex Tablet: Each box containing 30 tablets in Alu-Alu blister pack.



Manufactured by:

ARISTOPHARMA LTD.
Shampur-Kadamtali I/A, Dhaka-Bangladesh